

Mums Who Bake

F	°C
284	140
300	150
325	170
350	180
375	190
400	200
425	220
450	230
475	240



Ml	Fl oz
25	1
50	2
150	¼ pint
200	7
300	½ pint
450	15
600	1 pint
900	1 ½ pints

Grams	Ounces
	1lb 16oz
25	1
50	2
125	4
225	8
350	12
400	14
450	1lb

Quick Reference
1 tsp = 5ml = 1/3 tbsp
1 tbsp = 15ml = 3 tsp
1 cup = 8 fl oz
1 pint = 2 cups
1 Litre = 1 ¾ Pints
1 Quart = 2 pints

www.mumswhobake.co.uk

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